



**ORTHOPAEDICS DEPT.  
KULLIYAH OF MEDICINE  
IUM**



# TENDON REPAIR & REHABILITATION WORKSHOP 2024

**DATE & DAY** 31 MAY 2024 (FRIDAY)

**TIME** 8.00 AM - 5.00 PM

**VENUE** SEMINAR ROOM, LEVEL 4,  
SASMEC @IUM

**FEES** **EARLY BIRD (BEFORE 1 MAY 2024)**  
- RM 200 (DOCTOR)  
- RM 70 (SUPPORT STAFF)

**NORMAL PRICE (1 MAY ONWARDS)**  
- RM 240 (DOCTOR)  
- RM 100 (SUPPORT STAFF)

**SCAN TO REGISTER**



## LIST OF SPEAKERS & FACILITATOR



**ASSOC. PROF. DR. KAMARUL  
ARIFFIN KHALID (IUM)**



**DATO' DR. RASHDEEN FAZWI  
MUHAMMAD NAWAWI (HOSPITAL  
KUALA LUMPUR)**



**DR. MOHD ISKANDAR BIN MOHD  
AMIN (PANTAI HOSPITAL KUALA  
LUMPUR)**



**MRS. FARIDAH BINTI MOHAMMED  
RAMLI (UNIVERSITY MALAYA  
MEDICAL CENTRE)**

## IN COLLABORATION WITH





## Program Tentative

<b>TENDON REPAIR WORKSHOP 2024</b>		
<b>31 May 2024 (Friday)</b>		
8.30 am – 9.00 am	Registration	
9.00am – 9.20 am	Lecture 1- Anatomy of Flexor and extensor tendons	
9.20 am – 9.40 am	Lecture 2 – Biology of tendon healing	
9.40 am – 10.00 am	Lecture 3 - Biomechanics of tendon repair	
10.00am – 10.15 am	Morning Tea Break	
10.15 am – 10.35 am	Lecture 4 – Rehabilitation Post Tendon Repair	
10.35 am – 10.55 am	Lecture 5 – Pearls and Pitfalls of Tendon Repair	
10.55 am – 12.30 pm	<b>Workshop 1</b>	
	<b>Doctors</b>	<b>Support Staff</b>
	2 core suture technique - Modified Kessler Technique	Flexor Tendon Protocol - Modified Duran
12.30 pm – 2.30 pm	Lunch Break and Friday Prayer	
2.30 pm-3.30 pm	<b>Workshop 2</b>	
	<b>Doctors</b>	<b>Support Staff</b>
	Epitendinous Suture Techniques	Flexor Tendon Protocol - Early Active mobilization
3.30 pm-4.30 pm	<b>Workshop 3</b>	
	<b>Doctors</b>	<b>Support Staff</b>
	4 core suture technique - Adelaide Technique	Extensor Tendon Protocols
4.30 pm -5.00 pm	Q&A	
5.00 pm	Tea Break and End of Program	